



HPA

Health Professional Assessment

Fill in this page only, make an appointment for your partner and give this assessment to the health professional to complete.

STEP 1 Your details

Title Mr Mrs Miss Ms Dr Other

Family name

First given name

Other given name(s)

Date of birth

Contact phone number ()

STEP 2 Your partner's details

Title Mr Mrs Miss Ms Dr Other

Family name

First given name

Other given name(s)

Date of birth

STEP 3 Authorisation for release of medical details **by your partner**

- I give permission for medical details and clinical notes about me to be supplied to Centrelink.
- I understand that the assessment will be used to assist in assessing a claim for Carer Payment by my partner and may need to be released to my partner by Centrelink.

Partner's signature 



Date

STEP 4 Assessment completion

Answer no more questions.

Give this assessment to the health care professional who treats your partner to complete.

The health professional will probably prefer to complete this Health Professional Assessment after examining your partner to make sure the information provided is up to date. It is best if you let the health professional or receptionist know that you need a form completed when you make an appointment.

If you need an interpreter, you will need to organise this before you make an appointment with the health professional.

Instructions for the health professional

About Carer Payment

Carer Payment may be paid under Australian social security law to eligible people who personally provide constant care for a disabled adult on a daily basis in that person's home or in hospital.

Why a health professional assessment is needed

The health professional assessment is needed to determine if the applicant meets the legislative requirements to be eligible for Carer Payment.

The information required for this purpose is:

- whether the person being cared for has a severe disability or handicap; and
- whether, as a result of that disability, the person needs personal care and attention or constant supervision on a daily basis; and
- whether the person is likely to need care and attention or constant supervision permanently or for an extended period (as a guide, more than 6 months unless the person has a terminal illness and expected to live for 3 months or less).

For Carer Payment purposes, 'personal care and attention' refers specifically to the assistance required with routine personal activities such as eating, dressing, hygiene or mobility, but not assistance with everyday domestic tasks such as housekeeping, gardening, shopping etc. The care would be required frequently each day and the carer will generally be unable to undertake full-time or substantial employment.

Assessing the level of disability

Centrelink will use the information provided by you (along with information from the applicant) to determine the person's ability to function independently.

This form is also used to assess cognitive impairment of the person receiving the care. This is an oral test.

Who CAN complete this assessment

This assessment must be completed by a medical practitioner, registered nurse, occupational therapist or physiotherapist currently involved with the treatment of the person.

Who CANNOT complete this assessment

This assessment cannot be completed by:

- the person claiming the payment;
 - an immediate family member of the person claiming a payment; or
 - an immediate family member of the person being cared for.
-

Please return this completed form to the carer.

About the person receiving care

1 Does the person have physical, intellectual or psychiatric disabilities? physical intellectual psychiatric

2 Does the disability/medical condition result in the need for constant care on a daily basis to carry out routine personal activities? No
Yes

3 Does the disability/medical condition result in the need for constant care on a daily basis because the person requiring care may be a risk to themselves or to another? No
Yes

4 Does the disability/medical condition result in the need for constant care on a daily basis from more than one person? No
Yes

5 Which of the following best describes this person's condition?

permanent ▶ Is the person's overall condition likely to improve? No Yes

temporary ▶ For how long do you expect this person's condition to continue?
 12 months or more ▶ Go to **Question 6**
 6-11 months ▶ Go to **Question 6**
 less than 6 months ▶ You do not have to complete any more medical details about this person.
 Go to **Question 12** on page 8.

terminal ▶ Is the person in the terminal phase of a terminal illness and not expected to live for more than 3 months?
 No ▶ Go to **Question 6**
 Yes ▶ What is the person's main condition?

A legally qualified medical practitioner must certify this person's condition.
 Details of medical practitioner
 Name
 Professional qualifications
 Contact phone number
 ()

▶ You do not have to complete any more medical details about this person.
 Go to **Question 12** on page 8.

continued • About the person receiving care

6 Please indicate any condition(s) which you believe contributes significantly to the person's disability:**a Cardiovascular:**

Hypertension	<input type="checkbox"/>	OCS
Ischaemic heart disease	<input type="checkbox"/>	CAD
Myocardial infarction	<input type="checkbox"/>	MYI
Peripheral vascular disease	<input type="checkbox"/>	PVD
Other (please specify) <input type="text"/>	<input type="checkbox"/>	

b Musculo-Skeletal

Fracture	<input type="checkbox"/>	FRC
Joint replacement	<input type="checkbox"/>	OAR
Osteoarthritis	<input type="checkbox"/>	OST
Osteoporosis	<input type="checkbox"/>	OSO
Rheumatoid arthritis	<input type="checkbox"/>	RHM
Malignancy of the musculo-skeletal system	<input type="checkbox"/>	BON
Other (please specify) <input type="text"/>	<input type="checkbox"/>	

c Neurological

Behavioural disorder – Autism	<input type="checkbox"/>	AUT
Behavioural disorder – Attention Deficit Hyperactivity Disorder	<input type="checkbox"/>	ADD
Behavioural disorder – other (please specify) <input type="text"/>	<input type="checkbox"/>	
Cerebral palsy	<input type="checkbox"/>	CER
Cerebrovascular accident – aphasia	<input type="checkbox"/>	CLS
Cerebrovascular accident – hemiplegia	<input type="checkbox"/>	HPP
Dementia – Alzheimer's disease	<input type="checkbox"/>	ALZ
Dementia – other	<input type="checkbox"/>	SEN
Epilepsy – grand mal	<input type="checkbox"/>	EGM
Epilepsy – myoclonic	<input type="checkbox"/>	EMY
Epilepsy – petit mal	<input type="checkbox"/>	EAS
Head injury, acquired brain injury	<input type="checkbox"/>	TBI
Intellectual disability/mental retardation	<input type="checkbox"/>	LIQ
Motor neurone disease	<input type="checkbox"/>	MND
Multiple sclerosis	<input type="checkbox"/>	MSC
Paralysis – Paraplegia	<input type="checkbox"/>	PRP
Paralysis – Quadriplegia	<input type="checkbox"/>	QPP
Parkinson's disease	<input type="checkbox"/>	PAR
Spina bifida	<input type="checkbox"/>	SPB
Huntington's chorea	<input type="checkbox"/>	HUN
Malignancy of the neurological system	<input type="checkbox"/>	BRN
Other (please specify) <input type="text"/>	<input type="checkbox"/>	

continued • **About the person receiving care**

(continued) Please indicate any condition(s) which you believe contributes significantly to the person's disability:

d Psychiatric

- Anxiety disorders ANX
- Mood disorders (including depression) DPN
- Schizophrenia SCH
- Other (please specify)

e Respiratory

- Asthma AST
- Chronic airways disease – chronic bronchitis BRO
- Chronic airways disease – emphysema EMP
- Chronic airways disease – other (please specify)
- Malignancy of the respiratory system LNG
- Other (please specify)

f Sensory

- Blindness BLB
- Blindness – cataracts CAT
- Blindness – glaucoma GLA
- Deaf – blindness DFB
- Deafness or hearing disorder CHL
- Other (please specify)

g Other diseases/disorders

- Alcohol dependence ALC
- Autoimmune disease (e.g. SLE) LPS
- Blood disorder – haemophilia HAE
- Blood disorder – leukaemia ALK
- Cystic fibrosis CYS
- Diabetes mellitus – insulin dependent IDD
- Diabetes mellitus – non-insulin dependent NID
- Drug dependence DRG
- HIV/AIDS HV4
- Malignancy (please specify)
- Renal failure KID
- Other disorder not listed (please specify)

Please give the codes for the two conditions at Question 6 (e.g. BRO) you believe most contribute to the person's level of disability:

--	--	--	--	--	--	--	--

If a code does not appear next to the appropriate condition, please initial the condition.

Personal activities for daily living

Personal activities for daily living—This is an assessment of personal activities of daily living. For each function, please indicate which best describes the person receiving the care.

The information under each function should be used as a record of what the person does, NOT a record of what the person could do.

The main aim is to establish degree of independence from any help, physical or verbal, however minor and for whatever reason.

The need for supervision renders the person NOT independent.

A person's performance should be established using the best available evidence. Asking the person, friends/relatives and nurses will be the usual source, but direct observation and common sense are also important. However, direct testing is not needed.

Usually the performance over the preceding 24–48 hours is important, but occasionally longer periods will be relevant.

Middle categories imply that the person supplies more than 50% of the effort.

Use of aids to be independent is allowed.

Source: Modified Barthel ADL Index, Standardised Assessment Scales for Elderly People. The Royal College of Physicians of London and the British Geriatric Society, 1992.

Section A—day to day needs

It is in the customer's best interests that ALL parts of question 7 (a–j) are answered.

7 For each function, please tick the box which best describes the person receiving care:

- | | | |
|--|---|----------------------------|
| a Bowels
Assess preceding week. If needs enema, then incontinent | Incontinent (or needs to be given enema) | <input type="checkbox"/> a |
| | Occasional accident (once a week) | <input type="checkbox"/> b |
| | Continent | <input type="checkbox"/> c |
| b Bladder
Assess preceding week. Occasional = less than once a day. A catheterised person who can completely manage the catheter alone is registered as 'continent'. | Incontinent or catheterised and unable to manage | <input type="checkbox"/> a |
| | Occasional accident (once a week) | <input type="checkbox"/> b |
| | Continent | <input type="checkbox"/> c |
| c Grooming
Assess preceding 24–48 hours. Refers to personal hygiene: doing teeth, fitting false teeth, doing hair, shaving, washing face. Implements can be provided by helper. | Needs help with personal care: face, hair, teeth | <input type="checkbox"/> a |
| | Independent (implements provided) | <input type="checkbox"/> b |
| d Toilet use
Should be able to reach toilet/commode, undress sufficiently, clean self, dress and leave. With help = can wipe self, and could do some other of the above. | Dependent | <input type="checkbox"/> a |
| | Needs some help but can do some things alone | <input type="checkbox"/> b |
| | Independent (on and off, wiping, dressing) | <input type="checkbox"/> c |
| e Feeding
Able to eat any normal food (not only soft food). Food cooked and served by others, but not cut up. Help = food cut up, person feeds self. | Unable | <input type="checkbox"/> a |
| | Needs help in cutting, spreading butter etc. | <input type="checkbox"/> b |
| | Independent (food provided within reach) | <input type="checkbox"/> c |
| f Transfer
From bed to chair and back. Unable = no sitting balance (unable to sit), two people to lift. Major help = one strong/skilled or two normal people. Can sit up. Minor help = one person easily, or needs any supervision for safety. | Unable – no sitting balance | <input type="checkbox"/> a |
| | Major help (physical, one or two people), can sit | <input type="checkbox"/> b |
| | Minor help (verbal or physical) | <input type="checkbox"/> c |
| | Independent | <input type="checkbox"/> d |

continued • **Personal activities for daily living**

(continued) **For each function, please tick the box which best describes the person receiving care:**

g Mobility Refers to mobility about house or indoors. May use aid. If in wheelchair, must negotiate corners/doors unaided. Help = by one untrained person, including supervision, moral support.	Immobile	<input type="checkbox"/>	a
	Wheelchair independent, including corners etc. (i.e. uses wheelchair without assistance)	<input type="checkbox"/>	b
	Walks with help of one person (verbal or physical)	<input type="checkbox"/>	c
	Independent	<input type="checkbox"/>	d
h Dressing Should be able to select and put on all clothes, which may be adapted. Half = requires help with buttons, zips etc. but can put on some garments alone.	Dependent	<input type="checkbox"/>	a
	Needs help but can do about half unaided	<input type="checkbox"/>	b
	Independent (including buttons, zips, laces etc.)	<input type="checkbox"/>	c
i Stairs To be independent, must be able to carry any walking aid used.	Unable	<input type="checkbox"/>	a
	Needs help (verbal, physical, carrying aid)	<input type="checkbox"/>	b
	Independent up and down	<input type="checkbox"/>	c
j Bathing Usually the most difficult activity. Bath: Independent = must get in and out unsupervised and wash self. Shower: Independent = unsupervised/unaided.	Dependent	<input type="checkbox"/>	a
	Independent	<input type="checkbox"/>	b

Section B—Cognitive function

8 In your opinion, is the person cognitively impaired? No **▶ Go to Question 11 on page 8**
Yes

9 This is an assessment of cognitive function.

Ask the person receiving the care for the following information:

Please answer all parts of the AMT.

Memory phrase may be repeated up to three times to ensure the person has heard it correctly. All other questions may only be asked once, without further prompting.

The Abbreviated Mental Test (AMT - 7): 'Its use and validity' Jitapunkel s, Pillary I, Ebrahim S. Age and Ageing 1991; 20:332-336

The Abbreviated Mental Test (AMT)

	Correct	Incorrect
• Time of day (to the nearest hour)	<input type="checkbox"/> a	<input type="checkbox"/> a

Memory phrase

Repeat this phrase after me and remember it for later—42 West Street

• Name of institution or suburb where the person lives	<input type="checkbox"/> b	<input type="checkbox"/> b
• Recognition of two persons in the room (doctor, nurse, carer etc.)	<input type="checkbox"/> c	<input type="checkbox"/> c
• Date of birth (day, month, year)	<input type="checkbox"/> d	<input type="checkbox"/> d
• Name of present Prime Minister of Australia	<input type="checkbox"/> e	<input type="checkbox"/> e
• Count backwards from 20 to 1	<input type="checkbox"/> f	<input type="checkbox"/> f
• Ask the person to repeat the Memory phrase	<input type="checkbox"/> g	<input type="checkbox"/> g

10 Unable to administer Abbreviated Mental Test (AMT - 7)?

<input type="checkbox"/> ▶ • Person unable to communicate	<input type="checkbox"/> a
• Person refused to participate	<input type="checkbox"/> b

Section C—Behaviour

11 For each statement, please tick the box which best describes the person's usual state.

Does the person:

- | | | | |
|---|------------------|--------------------------|---|
| a Show signs of depression? | Never | <input type="checkbox"/> | a |
| | Sometimes | <input type="checkbox"/> | b |
| | Most of the time | <input type="checkbox"/> | c |
| b Show signs of memory loss? | Never | <input type="checkbox"/> | a |
| | Sometimes | <input type="checkbox"/> | b |
| | Most of the time | <input type="checkbox"/> | c |
| c Withdraw from social contact? | Never | <input type="checkbox"/> | a |
| | Sometimes | <input type="checkbox"/> | b |
| | Most of the time | <input type="checkbox"/> | c |
| d Display aggression towards self or others? | Never | <input type="checkbox"/> | a |
| | Sometimes | <input type="checkbox"/> | b |
| | Often | <input type="checkbox"/> | c |
| e Display disinhibited behaviour? | Never | <input type="checkbox"/> | a |
| | Sometimes | <input type="checkbox"/> | b |
| | Often | <input type="checkbox"/> | c |

Your professional details

12 Is there any information in this report, which, if released to the person requiring care, might be prejudicial to their physical or mental well-being?

Australian law provides for the disclosure of medical or psychiatric information directly to the person requiring care. If there is any information in your report, which, if released to the person, may harm their physical or mental well-being, please identify and briefly state below why it should not be released directly to this person. Similarly, please specify any other special circumstances, which should be taken into account when deciding on the release of your assessment.

No

Yes Identify the information and state why it should not be released directly to the person requiring care

13 Health professional's details and declaration

Please print in BLOCK LETTERS or use stamp.

Name	<input type="text"/>
Qualifications	<input type="text"/>
Address	<input type="text"/>
	Postcode
Contact phone number	()
Signature and date	<input type="text"/>
Stamp (optional)	<input type="text"/>

RETURNING THIS ASSESSMENT—Please give this completed assessment to the carer.

Thank you for your assistance.